

## Asclepias incarnata



Family: Apocynaceae      Common Name: Swamp Milkweed

- USDA Hardiness: Zones 3 to 9 (most of Virginia Beach and Norfolk are 8a, parts of Chesapeake are 7b)
- Height: 4-5'
- Spread: 2-3'
- Light requirements: Full sun
- Soil: easily grown in average to wet soil; tolerates clay soil
- Flower color: white, pink, mauve
- Bloom Time: July to August
- Planting time: any time (forms a taproot and should not be disturbed once planted)
- Growth: long-lived, slow-growing; spreads through rhizomes
- Native Origin: widely distributed across U.S.
- Good alternative to invasive Purple Loosestrife

Monarch butterfly host plant.

Photo Reference:

-Trista Imrich

-<http://www.thebattery.org>

Reference:

<http://www.missouribotanicalgarden.org/>

<http://www.plants.usda.gov>